

Primary Health Care

Rosthern, Wakaw, Cudworth, Duck Lake and surrounding areas residing on Treaty 6 Territory.



Celebrating Nurse Practitioners Week - November 10—November 16

What is a Nurse Practitioner (NP)?

NPs treat the whole person.

NPs are registered nurses who have completed graduate education that includes an extensive clinical experience.

NPs do not practice under another health care professional.

NPs are primary care providers addressing needs relating to a person's physical, mental, emotional, and spiritual health.

NPs practice in specialty areas like neonatal, pain, and emergency services and many more.

Under their scope of practice, NPs are able to:

- diagnose and treat illness
- order and interpret diagnostic tests (e.g. lab, x-ray, CT and MRI)
- prescribe medication
- perform medical procedures (e.g. suturing and mole removal)
- arrange referrals to a specialist when required
- manage chronic disease such (e.g. diabetes, COPD)
- manage mental illness
- routine screening (e.g. cancers, kidney disease, diabetes)
- women's health (e.g. prenatal care, PAPS)

In Saskatchewan, the majority of nurse practitioners practice in clinic settings with a primary care focus. Saskatchewan also has a small group of nurse practitioners with a narrower focus of practice including older adults in long term care facilities, all age patients in emergent care settings, neonatal and pediatric care units, and various other niches in specialized practice.

Available from: <https://sasknp.org>



Carrie Su is a dedicated nurse practitioner who earned her Bachelor of Science in Nursing from the University of Saskatchewan in 2010, followed by a Master of Nursing as a Primary Health Care Nurse Practitioner in 2017. She brings extensive experience from her background in emergency and community nursing, and she has chosen to focus her practice on serving the residents of rural Saskatchewan, where she continues her work today.

Committed to delivering comprehensive, culturally sensitive care, Carrie practices family medicine in Duck Lake Primary Care Clinic. She cares for patients of all ages and provides consultations in mental health and women's health, helping to address the unique healthcare needs of her community.



Carleen Noshbush was born and raised in Wakaw. She then went on to complete her undergraduate Bachelor of Science in Nursing at the University of Regina while playing hockey with the University of Regina Cougars. Her registered nursing career has primarily been dedicated to emergency nursing in Saskatoon and Humboldt emergency departments. She has also worked short periods in maternal care, long term care, and internal medicine. This has provided her with a diverse perspective of health across the lifespan. In 2024, Carleen completed her Masters of Nursing, Nurse Practitioner through the University of Regina. She has had a lifelong passion for health and wellness as she grew up thriving in team sports and outdoor activities. Carleen looks forward to providing nurse practitioner care to patients of all ages in Wakaw starting on December 1, 2024.



Wakaw Collaborative Emergency Centre (CEC)

Celebrates 10th Anniversary

A BBQ was held on September 17, 2024 to celebrate the 10th Anniversary opening of the Wakaw CEC.

Since the Wakaw CEC opened its doors, more than 15,400 patients have received treatment at the CEC. That averages out to approximately 1,652 visits per year, or between four and five visits per day, 365 days of the year.

Daytime Clinic Booked Appointments with MD, NP, or RN 306-233-4443		Evening Urgent & Walk-in Care 306-233-4611	
Monday	8:00 am - 4:00 pm	Monday	4:00 pm - Midnight
Tuesday	8:00 am - 4:00 pm	Tuesday	4:00 pm - Midnight
Wednesday	8:00 am - 8:00 pm	Wednesday	4:00 pm - Midnight
Thursday	8:00 am - 4:00 pm	Thursday	4:00 pm - Midnight
Friday	8:00 am - 4:00 pm	Friday	4:00 pm - Midnight
Saturday	8:00 am - Noon	Saturday	Noon - Midnight
Lab & X-Ray	Monday—Friday 8:00 am - 4:00 pm	Sunday STAT Holidays	8:00 am - Midnight 8:00 am - Midnight

Wakaw/Cudworth/Duck Lake Providers:

- Dr. Venne
- Dr. Tanyi-Remarck
- Dr. Obamwonyi
- Carrie Su, Nurse Practitioner
- Carleen Noshbush, Nurse Practitioner



**Job Posting for a
Nurse Practitioner in
Rosthern**

WELLNESS DAYS

FALL 2024 EDUCATION SESSIONS

To Register please phone
306-233-4443

Virtual option is available upon request

All About Your Heart

- Common conditions
- Blood Pressure
- Cholesterol
- Health eating/Physical Activity
- Medications
- Question and Answer Period

WAKAW

Tuesday,
Nov 19, 2024
10 am - 12 pm